

INTERSCHOLASTIC SPORTS

Carlisle Public Schools offers various Interscholastic Sports for grade 5-8 Students. The school requires a sufficient level of participation to run a program. Additional teams may be added to accommodate higher levels of student interest. There are 8-10 games at home and away.

Some of these offerings may consist of the following:

Fall: Cross Country (5-8); Field Hockey; Girls' Soccer and Boys' Soccer.

Winter: Girls' Basketball and Boys' Basketball

Spring: Softball, Baseball, Volleyball, XC, Ultimate Frisbee

User Fee: \$225.00 (X/C \$185.00) .
JV \$125.00. Practices are on M-Th from 3:00-4:15PM.



INTRAMURAL SPORTS

The following Intramural activities are offered to Carlisle Public School students:

Co-Ed Basketball: Grades 4-8

Co-Ed Floor Hockey: Grades 4-8

Co-Ed Gymnastics: Grades 4-8

Other offerings may include Pickleball, Tennis, Badminton. Offerings depend on student interest and sufficient levels of participation.

User Fee: \$55.00



CARLISLE ATHLETICS

Carlisle Public Schools
Athletics

83 School Street Carlisle MA 01741
<http://www.carlisle.k12.ma.us/>

Athletic Director

Lynne Carmel:
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ATHLETIC PHILOSOPHY

The Carlisle Public Schools athletic department strives toward instilling the following guiding principles for all participants. These guiding principles are a bond between them and the overall goal for all students and coaches. Respect and commitment are the main guiding principles woven into our programs.

GUIDING PRINCIPLES

RESPECT

- Teammates: never let your teammates down
- School: reflect the CPS core values, abide by school wide rules
- Coaches and Teachers: trust your teaching, learn to take constructive feedback as a compliment
- Opponents: make a commitment to greet/welcome all visiting teams, play hard and fair
- Officials: captains and coaches greet officials, model poise with all calls
- Differences: beliefs, customs, dress, lifestyles
- Facilities/equipment/bus: clean up areas such as fields, gyms, and locker rooms after use; respect opponent's facilities
- Self: practice humility, teachable spirit, serve the team, resist temptations, to remain in control.

COMMITMENT

- Team first attitude, buy into something bigger than yourself
- Show up every day and give your best
- Self motivate, bring enthusiasm, work just as hard when nobody is watching
- Your effort in practice should match your effort against your toughest opponent
- Be a hardworking teammate, identify team needs and assist to get them done
- Go the extra mile in work ethic and building relationships
- Be positive, optimistic

- Share your passion
- Protect and defend by being loyal to coaches and teammates, especially when things are going poorly, never give up

